



NY-APSAC

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SERVING NEW YORK CHILDREN AND FAMILIES AFFECTED BY VIOLENCE

WWW.APSACNY.ORG/

A NOTE FROM THE PRESIDENT

Dear Members of APSAC-NY:

Welcome to the winter issue of our newsletter. I would like to offer special thanks to Art Becker-Weidman, Ph.D., Dan Summer, LCAT and Kate Cuno, Psy.D. for their efforts in producing it. This newsletter contains important updates from all of our committees and has resources for you to use and share with your colleagues. Please take the time to read through them.

I was very pleased to assume the role of President of APSAC-NY in January 2014, following in the distinguished footsteps of Mel Schneiderman, Ph.D. Under Mel's leadership, we were able to become incorporated as a new non-profit entity in New York State and our membership and activities increased tremendously. We now have 115 active members and I do hope that more join following the APSAC 22nd Annual Colloquium in New Orleans in June.

To boost our membership, we now offer an "affiliate" membership to those professionals and students who choose not to join our national organization, but want to be involved at the state level. Affiliate members can participate on conference calls, attend local conferences and receive information on best practices, public policy and new program offerings through our list serve.

If you know anyone interested in joining please email JackfCoyne@gmail.com.

April was National Child Abuse Prevention Month. APSAC-NY Board members Linda Cahill, MD and Eileen Treacy, Ph.D. were keynote speakers at two conferences sponsored by the Future Child Advocates of America (FCAA). These two student groups organized conferences through Fordham University and Columbia University. APSAC-NY also partnered with Prevent Child Abuse New York to co-sponsor their annual conference.

The Best Practices Committee has sent out surveys to Child Advocacy Centers throughout the state to gain a better understanding of the types of mental health services offered to families who utilize their services. The Program Committee worked diligently to organize the following webinar open to APSAC-NY members:

Warm regards,

Mary L. Pulido, Ph.D.

President, APSAC-NY
mpulido@NYSPPCC.ORG



American Professional Society on the Abuse of Children - New York

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Public Policy Committee Report

The Public Policy Committee finalized a position paper regarding APSAC-NY's views on the elimination of the statute of limitations for child sexual abuse and the need to have criminal background checks in nonpublic schools. These are two issues that our Board has supported in the past. The paper also includes critical child welfare issues whereby APSAC-NY would support new, stable or increased funding during 2014.

The Committee also regularly circulates bills that members of APSAC-NY or their place of employment, may be interested in supporting. A website that can help you identify your legislator(s) should you wish to take action on any of them. Here are the directions:

To identify your legislators please use this link.

First:
http://openstates.org/find_your_legislator

Second: There will be wording "find your legislator" and a box below those



words for your address, type in your zip code and hit Enter or Return.

Third: A picture of your legislators will appear.

Fourth: Click on the name of the legislator and a page will appear with their email address, the committees they serve on, a list of bills they've sponsored, and a lot more information.

Now you can email, call, write, or fax your legislator directly regarding your stance on any legislation on the attached list.

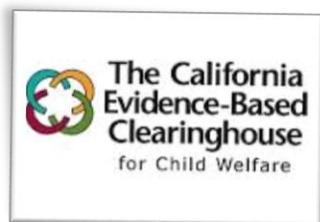
All meetings of the Public Policy Committee are open to members of APSAC-NY. If you are interested in joining the committee please email Mary L. Pulido, Ph.D. at mpulido@nyspcc.org.

DR. MARY L. PULIDO'S BLOGS FOR HUFFINGTON POST

APSAC-NY's Dr. Mary L. Pulido is a regular contributor to HuffingtonPost.com on topics pertaining to child welfare and safety. Her entries cover a wide range of topics. We hope you will find the information valuable and useful.

<http://www.nyspcc.org/resources/dr-mary-l-pulidos-blog/>

California Evidence Based Clearinghouse for Child Welfare (CEBC)



The mission of the California Evidence-Based Clearinghouse for Child Welfare (CEBC) is to advance the effective implementation of evidence-based practices for children and families involved with the child welfare system.

The CEBC for Child Welfare provides professionals in the field with access to scientific evidence regarding treatment programs being implemented in California. The CEBC for Child Welfare also provides a list and descriptions of screening and assessment tools that can be utilized within the child welfare system. The CEBC for Child Welfare uses a Scientific Rating Scale to rate and review treatment programs. The CEBC for Child Welfare was developed to provide education and information to

child welfare professionals and not to endorse any of the programs.

CEBC for Child Welfare provides public information and requests acknowledgement when the information is obtained from their website.

Contact the California Evidence-Based Clearinghouse for Child Welfare at www.cebc4cw.org

NY-APSAC Links

<http://kb.nctsn.org/SPT/index.php> - NCTSN knowledge bank

The NCTSN Knowledge Bank provides access and referral to the resources, programs, projects, and people that are part of and those that are outside the Network.

<http://tfcbt.musc.edu/> - Online training in Trauma Focused CBT

<http://www.newyorkcenterforchildren.org/> - New York Center for Children

List of available services, event announcements for professionals in the local area, volunteer opportunities

<http://www.preventchildabuse.org/> - Prevent Child Abuse NY

List of resources related to child abuse, conference announcements/information/highlights, lists of resources by location, coverage of latest child abuse-related news in the media

<http://www.justice.gov/defendingchildhood/index.html>

Information pertaining to the Attorney General's National Task Force on Children Exposed to Violence – final reports and recommendations, e.g.

<http://www.nctsn.org/content/psychological-first-aid>

Information and available print-outs on PFA with various populations as well as information about on-line training opportunities

www.CHAMPprogram.com CHAMP's goal is to improve the New York State medical response to suspected child abuse by improving the examination, treatment, documentation, community referral, and management of suspected child abuse cases.

www.childabuseemd.com *Child Abuse Evaluation & Treatment for Medical Providers* provides a single, comprehensive source of child abuse information that offers tools and resources with which to diagnose and manage child and adolescent abuse victims. It is a resource for medical providers who do not have a background or expertise in child abuse pediatrics and are striving to develop best practice standards for their patient care setting.



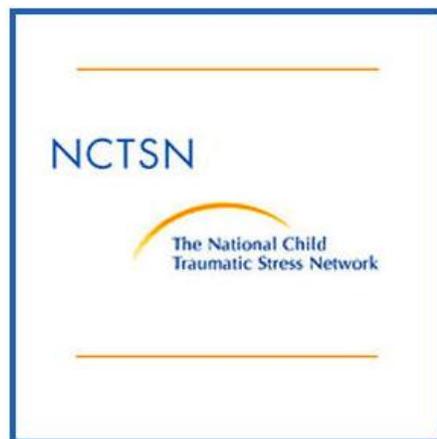
The National Child Traumatic Stress Network (NCTSN)

The NCTSN has produced a fact sheet sponsored by NCTSN and the National Crimes Victims Research and Treatment Center at the Medical University of South Carolina. The interventions described in the fact sheet were ones utilized within the centers of NCTSN and include interventions that range from scientifically validated to promising and emerging practices.

The NCTSN fact sheet includes factors to consider when determining which intervention is needed. The core components of existing trauma-focused interventions are described and 40 trauma-focused intervention descriptions are provided as well as where to obtain additional information about the intervention.

The NCTSN also has a Measures Review Data Base that lists and describes tools that measure children's experiences of trauma and other mental health and trauma related issues.

The review describes the measure, the domains assessed, age range, measure format and sample items.



To reach NCTSN contact their website at www.nctsn.org

Child and Adolescent Trauma Measures: A Review

Children F.I.R.S.T.
Fordham University Graduate School of Social Service
Virginia C. Strand, D.S.W.
Lina E. Pasquale, M.A.
Teresa L. Sarmiento, M.S.W.

The manual of child and adolescent trauma measures was developed as a guide for clinicians and researchers to provide information regarding measures for the screening and assessment of trauma in children and adolescents. Thirty five trauma instruments are divided into four types:

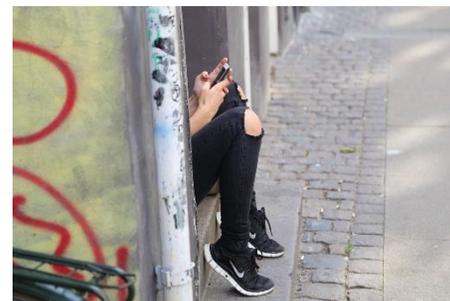
- 1) Measures of exposure to trauma and symptoms of traumatic experiences
- 2) Measures capturing a history of exposure alone
- 3) Measures designed to capture symptoms of PTSD and dissociative disorders
- 4) Measures that inquire about multiple symptoms.

The measures described include the following information:

- a) the year the measure was developed
- b) authors name, population served, purpose of the measure
- c) description of the measure
- d) psychometric properties
- e) contact information

The measures include both child self-reports and parent self-reports. A majority of measures have no cost.

To obtain a copy of the manual go to: <http://www.ncswtraumaed.org/resources>



EVENTS



**Annual APSAC-NY State Conference:
"Trauma and Adolescence"**



Conference co-sponsored by NYU's Child Study Center & New York Foundling's Vincent J. Fontana Center for Child Protection

April 29, 2015 8:30am to 3:00 pm

At Child Study Center at NYU Langone Medical Center (1 Park Avenue, 7th Floor New York, NY)

Cost: Members \$5, Non-Members \$15

For more information, please email Dr. Mel Schneiderman at:
mel.schneiderman@nyfoundling.org



APSAC's 23rd Annual Colloquium

2015 Annual APSAC Colloquium

July 22, 2015 (7:30am) to July 25, 2015 (12pm)

At Westin Copley Place (Boston, MA)

Cost: TBA



**Best Practices for Mental Health
in Child Welfare, Assessment,
and Treatment Guidelines**

Developed by the Best Practice Committee chaired by Ann Lenane.

Lisa Hunter Romanelli, John Landsverk, Jessica Mass Levitt, Laurel K. Leslie, Maia M. Hurley, Christopher Bellonci, Leonard T. Gries, Peter J. Pecora, Peter S. Jensen and the Child Welfare-Mental Health Best Practice Group

The Best Practice for Mental Health in Child Welfare group developed guidelines for practice in three areas: mental health screening and assessment, psychosocial interventions and psychopharmacologic treatment. The paper provides guidelines for:

- a) Universal screening and identification of mental health problems for children and youth in foster care
- b) promotion of the utilization of evidence-based treatments and examples of current best practice evidence-based treatment being implemented across the nation within the foster care system, i.e. Parent Child Interaction Therapy and Multidimensional Treatment Foster Care
- c) Discussion of the evidence for the use of psychotropic medication for children and youth with a variety of psychiatric conditions.

To obtain copies of the article contact Dr. Mel Schneiderman at mels@nyfoundling.org

**Fostering Health: Health Care
for Children and Adolescents in
Foster Care, 2nd edition**

**By the Task Force on Health
Care for Children in Foster Care
American Academy of Pediatrics**

Chapter 3 of the manual entitled "Parameters for Developmental and Mental Health Care" describes standards of practice for mental health practitioners working within the foster care system. The sections in the chapter describe standards for comprehensive assessment, treatment services and reassessment and review of the treatment plan.

COPIES OF THIS MANUAL MAY BE PURCHASED FROM THE AMERICAN ACADEMY OF PEDIATRICS BY LOGGING INTO THE AAP WEBSITE AT AAP.ORG AND GOING TO THE AAP BOOKSTORE. YOU CAN OBTAIN AN ONLINE VERSION BY SEARCHING THE TITLE, "FOSTERING HEALTH: HEALTH CARE FOR CHILDREN AND ADOLESCENTS IN FOSTER CARE".

Child Welfare Trauma Training Toolkit: The Essential Elements

National Child Traumatic Stress Network

This toolkit describes the critical elements of trauma informed child welfare practice. Some topics covered include:

- a) how to maximize the child's sense of safety
- b) assisting the child reduce overwhelming emotions
- c) helping the child make new meaning of their trauma experiences
- d) support and promotion of positive and stable relationships in the life of the child

To obtain a copy of the toolkit contact NCTSN at www.nctsn.org

Look under "*Trauma, Child Welfare*".

Child Welfare Trauma Referral Tool

This toolkit was developed to help child welfare professionals make better trauma informed decisions about the need for referral to trauma-specific mental health services. The measure is completed by child welfare professionals through a record review and interviews with significant individuals in the child's life. The toolkit documents the history of exposure to a variety of trauma experiences to assess the severity of the child's reactions to the trauma experience, to assess and identify attachment problems, to help the child welfare professional identify behaviors that need to be stabilized, to identify other emotional or behavioral reactions and to help the child welfare professional make recommendations for trauma-specific services.

To obtain a copy of the Child Welfare Trauma Referral Tool contact NCTSN at www.nctsn.org

Look under: "*Trauma, Child Welfare, Child Welfare Training Toolkit, Supplemental Handouts*".

DISCLAIMER

This resource guide contains general information about best practice and evidence-based treatment and assessment for abused and neglected children. APSAC-NY does not endorse any specific evidence-based treatment and each individual or organization must choose which treatment or assessment measure fits best into their practice or organization. The American Professional Society on the Abuse of Children-New York expressly disclaims all liability with respect to actions taken or not taken based on any content or information in this resource guide. APSAC members represent a broad diversity of professional disciplines, geographical location and conceptual orientations. Membership in APSAC or in the New York State Chapter in no way constitutes an endorsement of any member's level of expertise or scope of professional competence.

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