The New York Foundling
Vincent J. Fontana Center for Child Protection

-proudly presents-

THE 2015 ANNUAL PROFESSIONAL CONFERENCE
Evidence-Based Trauma Treatment Interventions for Children and Families in Child Welfare:
What Works and What Needs to Be Done

With Support from the American Professional Society on the Abuse of Children-New York

Remarks and Keynote Introduction
GLADYS CARRIÓN, ESQ., COMMISSIONER
Administration for Children’s Services

Keynote Speaker
LUCY BERLINER, MSW
Director, Harborview Center for Sexual Assault and Traumatic Stress

Friday, October 30, 2015
8:30 a.m. to 3:00 p.m.

Baruch College Conference Center, 55 Lexington Avenue
(Corner of 24th Street and Lexington Avenue)
CONFERENCE PARTICIPANTS WILL LEARN ABOUT:

• Evidence-based trauma interventions that are effective in producing positive clinical outcomes for children and families in the child welfare system.
• The challenges and systemic obstacles in applying evidence-based trauma interventions to children and families in the child welfare system.
• The importance of early relationship-based treatment for infants and young children’s mental health.
• The basic principles and PRACTICE components associated with Trauma Focused: Cognitive Behavior Therapy including their application to children and adolescents placed in foster care.
• How Family Functional Therapy in Child Welfare can create a continuum of general and clinical prevention options for families that can improve clinical outcomes, avert placement when appropriate and produce cost savings for taxpayers.
• How Alternative for Families: Cognitive Behavior Therapy can be adapted to the treatment of children placed in foster care and their families to produce improved clinical outcomes.

THE NEW YORK FOUNDLING

The New York Foundling is one of New York City’s oldest and largest nonprofits serving disadvantaged children and families. Established in 1869, our vision is a community where every person, regardless of background or circumstance, enjoys the safe, stable, and supportive relationships needed to reach his or her full potential. To achieve this, we provide evidence-informed and evidence-based programs that focus on keeping families together; preventing abuse and neglect; providing academic support for children; and giving people with developmental disabilities the tools and training they need to lead independent lives.

The Foundling reaches 27,000 children and families each year in all five boroughs of New York City, surrounding counties, and Puerto Rico. Established in 1869 by four Sisters of Charity, The New York Foundling has evolved from a home for abandoned babies, to a comprehensive and integrated network of support services designed to empower disadvantaged children and families.

THE VINCENT J. FONTANA CENTER FOR CHILD PROTECTION

Founded in 1997, The Vincent J. Fontana Center for Child Protection was created in furtherance of The Foundling’s mission and in memory of Dr. Fontana, The Foundling’s Medical Director and a pioneer in the field of child maltreatment. The Fontana Center engages in research, professional training, public education and advocacy and aims to eliminate child maltreatment through the identification and promotion of evidence-based primary prevention and treatment strategies.

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PROGRAM

REGISTRATION AND BREAKFAST 8:30 - 9:00AM

WELCOME 9:00 - 9:10AM
Bill Baccaglini, President and CEO
New York Foundling

INTRODUCTION 9:00 - 9:25AM
Gladys Carrión, Commissioner
New York City Administration for Children’s Services

KEYNOTE ADDRESS 9:25 - 10:10AM
Lucy Berliner, MSW
Director, Harborview Center for Sexual Assault and Traumatic Stress
Clinical Associate Professor, University of Washington School of Social Work and Department of Psychiatry and Behavioral Sciences

PANEL DISCUSSION 10:15AM - 12:15PM
Evidence-Based Trauma Interventions for Children and Families in Child Welfare:
What Works and What Needs to be Done
Moderator: Lucy Berliner

Esther Deblinger, Ph.D.
Co-Founder and Co-director of the Child Abuse Research Education & Services Institute
Professor of Psychiatry at Rowan University School of Osteopathic Medicine
Co-Developer with Drs. Judith Cohen and Anthony Mannarino of TF: CBT

Sylvia Rowlands
Senior Vice President of the Evidence-Based Programs at New York Foundling
Co-developer Adaptation of Functional Family Therapy for Child Welfare
Director of New York Foundling Juvenile Justice Program Blue Sky Project

Elissa Brown, Ph.D.
Professor of Psychology, St. John’s University
Founder and Executive Director of Child HELP Partnership, St. John’s University
Director of a Category III Affiliate Site of the National Child Traumatic Stress Network

Dorothy Henderson, Ph.D., LCSW
Director of the Early Childhood and Family Institute & the Court Team for Babies Project,
Jewish Board of Family and Children Services
Senior, National Child and Parent Psychotherapy trainer
Member of Zero to Three Academy of Fellows
A. Trauma-Focused: Cognitive Behavioral Therapy (TF-CBT): A Personal and Professional Narrative Highlighting the Utilization of TF-CBT with Youth and their Foster Parents

The presenter will briefly share her personal professional journey developing and conducting research evaluating the efficacy of TF-CBT for children and adolescents. Due to the wealth of research documenting the effectiveness of TF-CBT model, TF-CBT is considered the standard of care for children and adolescents who have endured a wide array of traumatic experiences. This overview workshop is designed to enhance participants understanding of the potential benefits of this effective intervention particularly with children and adolescents placed in foster care. The presenter will emphasize the importance of self-care and demonstrate TF-CBT via case examples, role plays and creative demonstrations.

Presenter: Esther Deblinger, Ph.D.

B. Functional Family Therapy in Child Welfare an Integrated Approach to the Delivery of Preventive Services in New York City

The intent of this workshop is to provide a demonstration of the benefits of applying Functional Family Therapy (FFT) in an integrated continuum to children and families receiving preventive services in NYC. Personal, research and worldwide experience has shown that there is a group of carefully crafted interventions, which, individually, have proven effective and efficient for reducing and eliminating problems arising from impaired family functioning including child abuse and neglect without having to separate children from their families. The workshop presenter will show that integrating these interventions in a single continuum has the potential to improve clinical outcomes, avert placement when appropriate and produce cost savings for taxpayers.

Presenter: Sylvia Rowlands

C. Adapting Alternatives for Families-Cognitive Behavioral Therapy (AF-CBT) to the Specialized Mental Health Needs of Children and their Families in the Foster Care System

The presentation will highlight lessons learned during collaboration between Child HELP Partnership, a clinical research team with expertise in evidence-based treatment for traumatized youth, with New York Foundling, a foster care agency with expertise in implementation of evidence-based treatment with youth and families with a variety of mental health needs. Over the past three years, New York Foundling as implemented AF-CBT (Kolko, Brown, Shaver, Baumann, & Hershell 2011) in their Rapid Intervention Team, Therapeutic Family Foster Care and Family Foster Care programs. The presentation will include: a summary of AF-CBT with case examples and a discussion of adaptations made for foster care families.

Presenter: Elissa Brown, Ph.D. and Mary Boncher, Ph.D.

D. Empathy and Innovation: Integrating Child-Parent Psychotherapy (CPP) into the Child Welfare System

This workshop will focus on the integration of Child-Parent Psychotherapy into the Association to Benefit Children’s general preventive service program in East Harlem. Child and Parent Psychotherapy is a therapeutic intervention for children from birth to age five who have experienced at least one traumatic event. A brief review of Child-Parent Psychotherapy will be followed by a look at the training strategy, strengths and challenges for the preventive staff and the treatment outcomes for families. Participants will gain a familiarity with the Child and Parent Psychotherapy model and understand the importance of early relationship-based treatment for infants and the young child’s mental health.

Presenters: Dorothy Henderson, Ph.D., LCSW and Eri Noguchi, MSW, MPA, Ph.D.
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Vincent J. Fontana Center for Child Protection

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Evidence-Based Trauma Treatment  
Interventions for Children and Families in Child Welfare: What Works and What Needs to be Done

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**WORKSHOP CHOICES:**
Please indicate your first, second and third choice for the afternoon workshop sessions.

___ A. Trauma Focused-Cognitive Behavioral Therapy A Personal and Professional Narrative

___ B. Functional Family Therapy in Child Welfare An Integrated Approach

___ C. Adapting Alternatives for Families-Cognitive Behavioral Therapy to the Specialized MH Needs of Children and Families in Foster Care Settings


Registration Fee: $35 (includes breakfast and lunch). No fee for New York Foundling staff.

Make check payable to: New York Foundling Vincent J. Fontana Center for Child Protection.

Please send check and registration form to:

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Long Island City, New York 11101  
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